

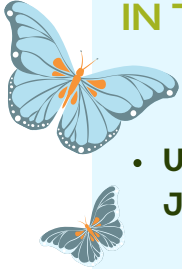


# BRIGHTER BEGINNINGS

## MARCH 2024

### NEWSLETTER

#### IN THIS MONTH'S ISSUE



- UC Berkeley Career Fair. Open Job Positions
- Special thanks to Snug as a bug in a warm hug
- Women's History Month
- Oakland Programs and recent events

#### WE'RE HIRING!

This month, we were privileged to take part in the UC Berkeley International Student Career Fair. It was an enriching experience engaging with students and imparting insights into Brighter Beginnings' mission and vision.



We extend our heartfelt gratitude and appreciation to all who joined us and visited our booth. As we reflect on this event, we look forward to continuously creating connections with our community.



- FAMILY ADVOCATE (OAKLAND/ ALAMEDA COUNTY, CA)
- CHILD DEVELOPMENT SPECIALIST (OAKLAND, CA)
- COMMUNITY HEALTH WORKER (RICHMOND, CA)



Check out our current job openings by scanning the QR code or visiting this link: [Brighter Beginnings Careers](#)



Allison Norris founder of Snug As A Bug found a unique way to give back to her community. After suffering from health challenges twenty-eight years ago and losing some mobility. She discovered that rag quilts could be sewn with one hand, empowering her to create comforting blankets for those in need. Her journey began with volunteering in schools, sewing regular quilts, and packaging them in Ziploc bags with a book and stuffed animal, which she then donated to a local agency. In 2019, after hearing a child express feeling cold and hungry, Alison made him a stuffed animal and a book, marking the inception of Snug as a Bug.

Over nearly five years, Allison has remained actively involved in the community, partnering with organizations such as the Kiwanis Club of the Delta, General Federation of Women's Club, and East Bay Community Foundation. Her ongoing mission provides comfort to children across various settings, including the Antioch school district, unhoused populations, hospital youth, sickle cell clinics, and juvenile hall. We extend our gratitude to Allison for her dedicated service, especially for her support to patients within our community.



**Recipients of Snug in a Bug Comfort Bags.**



**“What drives me is I love children and I know what it is like to be held down and not see any hope in your future and that is what keeps me sewing”  
-Allison Norris**



# Women's History Month



Some of our wonderful staff, pictured above

## MARCH HONORS WOMEN'S HISTORY MONTH

As March unfolds, we embark on a journey of celebration and reflection, honoring the countless contributions of women throughout history. This month serves as a time to reflect on the resilience, strength, and perseverance of women who have broken barriers, shattered stereotypes, and paved the way for future generations. It's a time to recognize the countless trailblazers, activists, scientists, artists, leaders, and everyday heroes who have played pivotal roles in shaping societies and challenging norms. Women's History Month not only acknowledges past struggles and triumphs but also inspires ongoing efforts to achieve gender equality and empower women in all facets of life. It's a reminder that women's history is not a footnote but an integral part of the rich tapestry of human history, deserving of celebration, recognition, and remembrance.

As we celebrate Women's History Month, we pay tribute to the women within our organization who embody the spirit of empowerment and service. Their unwavering dedication inspires us to continue striving for a more equitable and inclusive society, where every individual has the opportunity to thrive and contribute their unique talents.

# ITS NATIONAL NUTRITION MONTH



**National Nutrition Month, observed every March, serves as a vital reminder of the importance of making informed food choices and cultivating healthy eating habits. It's a time to raise awareness about the role of nutrition in promoting overall well-being and preventing chronic diseases. Throughout this month, individuals, communities, and organizations come together to celebrate the power of nutritious foods and the benefits of adopting a balanced diet. Our food pantry at our Oakland Site fulfills this crucial role by consistently replenishing its shelves with nutritious foods. Special thanks to our dedicated Oakland team for their efforts in ensuring that the pantry remains fully stocked and accessible for families.**



## OUR SITES

### **Antioch**

#### **Family Health Clinic**

3505 Lone Tree Way, Suite 1  
Antioch 94509  
Monday-Friday, 8:00am - 6:30pm  
(925) 303-4780

### **Downtown Antioch**

#### **Family Health Clinic**

512 West 5th Street  
Antioch 94509  
Opened Mondays and Wednesdays

### **Oakland**

#### **Family Support Center**

2744 East 11th Street Suite H01  
Oakland, CA 94601  
(510) 437-8950

### **Richmond**

#### **Family Health Clinic**

2727 Macdonald Ave  
Richmond 94804  
Monday-Friday, 8:00am - 6:30pm  
(510) 236-6990

## OUR SERVICES



### **Primary Care Services (Richmond & Antioch):**

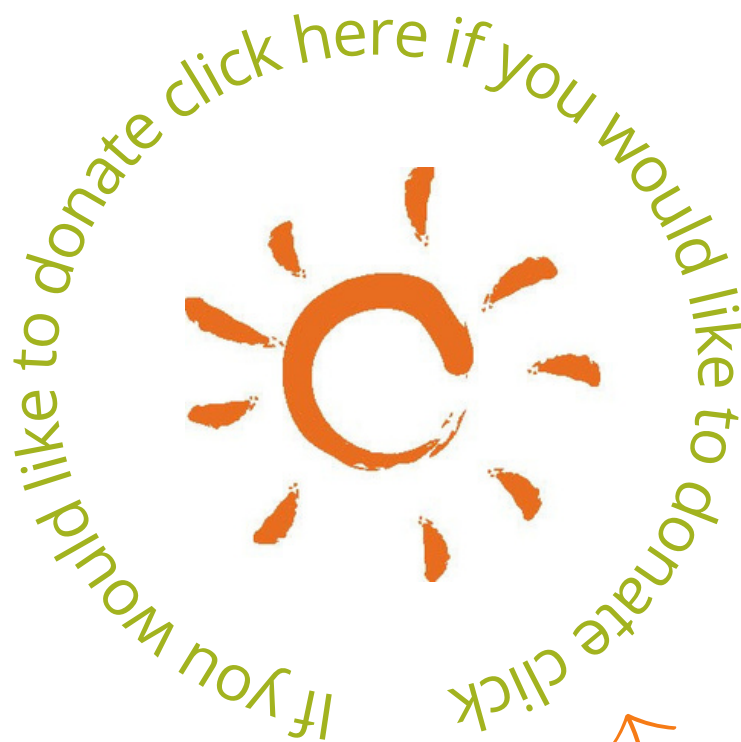
Primary Health Care  
Immunizations  
Behavioral Health Services  
Gynecological Care  
Prenatal and Postpartum Care

### **Childhood and Family Programs**

Early Head Start/ Head Start  
Young Family Support  
CalWorks Family Support  
Mental Health Services (Ages 0-21)  
Brilliant Baby (College Savings and Financial Coaching)

### **Financial Education and Coaching**

Sparkpoint Richmond Community Foundation (BayPoint & Richmond) Financial Services



**To donate click above**